

Name: \_\_\_\_\_

Date: \_\_\_\_\_

### South Oaks Gambling Screen (SOGS)

1. Please indicate which of the following types of gambling you have done in your lifetime. For each type, mark one answer:

	Not at all	Less than once a week	Once a week or more
Play cards for money			
Bet on horses, dogs or other animals (at OTB, the track or with a bookie)			
Bet on sports (parlay cards, with a bookie, or at Jai Alai)			
Played dice games (including craps, over and under or other dice games) for money			
Gambled in a casino (legal or otherwise)			
Played the numbers or bet on lotteries			
Played bingo for money			
Played the stock, options and/or commodities market			
Played slot machines, poker machines or other gambling machines			
Bowled, shot pool, played golf or some other game of skill for money			
Pull tabs or "paper" games other than lotteries			
Some form of gambling not listed above: (please specify)			

2. What is the largest amount of money you have ever gambled with on any one day?

- |                                 |                                     |
|---------------------------------|-------------------------------------|
| a. Never have gambled           | e. More than \$100 up to \$1,000    |
| b. \$1 or less                  | f. More than \$1,000 up to \$10,000 |
| c. More than \$1 and up to \$10 | g. More than \$10,000               |
| d. More than \$10 up to \$100   |                                     |

3. Check which of the following people in your life have (or had) a gambling problem:

- |                         |   |
|-------------------------|---|
| ___ father              | ___ my spouse or partner                          |
| ___ mother              | ___ my child(ren)                                 |
| ___ a brother or sister | ___ another relative                              |
| ___ a grandparent       | ___ a friend or someone else important in my life |

4. When you gamble, how often do you go back another day to win back money you lost?

- a. never
- b. some of the time (less than half the time I lost)
- c. most of the time I lost
- d. every time I lost

5. Have you ever claimed to be winning money gambling but weren't really? In fact, you lost.
  - a. never (or never gamble)
  - b. yes, less than half the time I lost
  - c. yes, most of the time
  
6. Do you feel you have ever had a problem with betting money or gambling?
  - a. no
  - b. yes, in the past but not now
  - c. yes

	No	Yes
7. Did you ever gamble more than you intended to?		
8. Have people criticized your betting or told you that you had a gambling problem, regardless of whether or not you thought it was true?		
9. Have you ever felt guilty about the way you gamble or what happens when you gamble?		
10. Have you ever felt like you would like to stop betting money or gambling but didn't think you could?		
11. Have you ever hidden betting slips, lottery tickets, gambling money, I.O.U.'s or other signs of betting or gambling from your spouse, children or other important people in your life?		
12. Have you ever argued with people you live with over how you handle money?		
13. (If you answered yes to question 12): Have money arguments ever centered on your gambling?		
14. Have you ever borrowed from someone and not paid them back as a result of your gambling?		
15. Have you ever lost time from work (or school) due to betting money or gambling?		

16. If you borrowed money to gamble or to pay gambling debts, who or where did you borrow from?

	No	Yes
a. From household money		
b. From your spouse		
c. From other relatives or in-laws		
d. From banks, loan companies or credit unions		
e. From credit cards		
f. From loan sharks		
g. You cashed in stocks, bonds or other securities		
h. You sold personal or family property		
i. You borrowed on your checking account (passed bad checks)		
j. You have (had) a credit line with a bookie		
k. You have (had) a credit line with a casino		

## Scoring the South Oaks Gambling Screen (SOGS)

Scores on the SOGS itself are determined by adding up the number of questions which show an “at risk” response. Twenty questions are scored 0 or 1.

Questions 1, 2, 3, 12, 16j, and 16k are not scored.

Question 4: C or D = 1

Question 5: B or C = 1

Question 6: B or C = 1

Questions 7 – 11, 13 – 15, and 16 a – 16i yes = 1

### Interpretive Guidelines

0 - 2 = no problem

3 - 4 = some problem

5 or more = probable pathological gambler

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